

## Andiroba Oil

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### What is it?

Andiroba Oil is an all-purpose healing oil used by the indigenous peoples of Brazil. The fruit, seed, bark, and leaf are all used medicinally in teas and poultices.

### How does it work?

Having anti-inflammatory properties, it relieves pain and swelling and facilitates the circulation. A major constituent is limonoid, which is anti-bacterial, antiviral, and antifungal. It also repels local insects and helps with dermal parasites.

### Applications:

It is used to treat all manner of skin problems including eczema and psoriasis, and insect bites.

### Advantages:

Andiroba Oil is quickly absorbed by the skin. It has excellent moisturizing properties and is an excellent oil for use in high-end skin and hair-care products as well as in massage oils and makeups.

### Recipe:

#### ***Andiroba Balm for Very Dry Skin***

*This balm is fragrant, but it's because the Essential Oils used are so helpful to dry skin and non-weeping eczema.*

<b><i>Metric</i></b>	<b><i>Ingredients</i></b>	<b><i>Imperial</i></b>
100 ml	Andiroba Oil	7 T.
7 g.	Beeswax or Glyceryl Stearate	1-1/2 t.
30	Chamomile EO	30



# NEW DIRECTIONS

## A R O M A T I C S

drops		drops
15 drops	Cypress EO	15 drops
8 drops	Geranium EO	8 drops
10 drops	Juniper EO	10 drops
10 drops	Lemon Balm (Melissa) EO	10 drops
5 drops	Sandalwood EO	5 drops

- In a small pot, heat the oil and wax just until melted, and take off heat.
- Put the Essential Oils into a small sterile glass bottle (100 ml / 3.3 oz.).
- When it begins to look foggy, pour the oil mixture into the bottle, and cap.
- Apply a few drops to lesions as required.

**Tip:** You can blend the Essential Oils together in a larger quantity and keep it handy for whenever you need to make up more balm. For children, half the drops may be used (50).

### Lab Notes: Q&A

Depending upon the ambient temperature, Andiroba Oil can be very viscous, creamy oil, solid like chilled coconut oil, or clear and liquid.

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