



Apricot Shells Exfoliant

Please read the disclaimer on the last page of this document before using this product.

What is it?

Apricot Shells are 100% natural and untreated. This gentle exfoliant is ideal for making face, body and foot scrubs, and can be added to soaps and exfoliating gels and soaps.

How does it work?

Finely ground from apricot pits, this can deep-clean and invigorate all skin types.

Applications: This gentle exfoliant is ideal for making face, body and foot scrubs, and can be added to soaps and exfoliating gels and soaps.

Mesh Size: 35/60 microns

Recipe: Herbal Exfoliating Mask For Oily Skin

<i>Metric</i>	<i>Ingredients</i>	<i>Imperial</i>
50 ml	Apricot Shell Exfoliant	3 T. + 1 t.
60 ml	Multani Mitti	4 T.
15 ml	Thyme Botanical Extract	1 T.
30 drops	Lemon EO	30 drops

- Gently blend the dry ingredients.
- Drip the Essential Oil into the powder.
- Wearing sterile glove, pinch the Essential Oil into the powder completely dispersed.
- Keep in an air-tight jar.



NEW DIRECTIONS

A R O M A T I C S

To use, blend one spoonful with as much water to make a paste. With fingertips, gently massage over the entire face in a circular motion, avoiding the area around the eyes. Allow the mask to dry completely (no smiling!) before rinsing completely with clear tepid water, and blot dry with a towel.

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