

Argan Carrier Oil

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What is it?

This oil is produced from the kernels of the Argan tree which grows mainly in the desert conditions in the south of Morocco. Well adapted to the constant drought-like conditions, it has been used for centuries by the indigenous people for cosmetic use as well as for food. It is considered very rare and is under the protection of UNESCO.

How does it work?

This oil has a slightly nutty scent that tends to disappear in products. It works well in hair products for all hair types, as it is rich in Vitamin E and Essential Fatty Acids.

Applications:

Argan is added to shampoos and conditioners at about 2%. It adds lustre to both skin and hair, and works equally well in nail oils.

Advantages:

Argan Oil excels in its ability to revitalize and moisturize dry and damaged hair, yet does not weigh down fine or healthy hair. Because of its high Vitamin E content, it will not break down as quickly as many other botanical oils, and will have a shelf life of 12 months if stored properly.

Recipe: PMS Bath Oil

Imperial	Ingredients	Metric
100 g.	Beeswax	3.5 oz.
75 g.	Extra-Virgin Coconut Oil	5 T.
45 ml	Orange Wax	3 T.
225 ml	Flax Seed Oil	1 c. less 2 T.
75 ml	Sweet Almond Oil	5 T.
5 ml	Sweet Orange Essential Oil	1 t.



- Blend the Essential Oils into the Argan Oil.
- Put into a dark glass bottle.

Add 1 t. / 5 ml under running water when filling the bath. Be cautious when getting in and out of the tub, as bath oil can make surfaces slippery.

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